

## Healthy Relationships and Domestic Abuse Awareness

Preventative work with children and young people to support the development of safer, stronger and healthier relationships.

- Tailored age appropriate workshops for primary and secondary school pupils covers:
  - Safety and how to get support
  - Resolving conflict and disagreements
  - Healthy and unhealthy relationships
  - Early signs of coercive control (Secondary School Only)
- Training for school staff on Domestic Abuse awareness and pathways for support
- Helping schools to work towards their Bristol Ideal Award
- Option to take part in Home Office funded national evaluation to understand what works to improve children's understanding of domestic abuse and knowledge of how to get support

- Direct referral pathway into Domestic Abuse advocacy and support, including:
  - Children and young people domestic abuse workers
  - One to One therapy and play therapy
  - CRUSH and ACE Aware Recovery Toolkit group work for young people
  - 1:1 drop in sessions in schools for advice and information for staff and parents
  - DA support for nonabusive parent and family members in safe house or the community
  - Advice on referrals to perpetrator programmes in Bristol



Contact us on cyp.healthyrelationships@nextlinkhousing.co.uk

0800 4700 280

Next Link is the lead provider of the Next Link Plus partnership which includes the following organisations:























## More information on evaluation.....

We are working with a team of researchers from the University of Central Lancashire to evaluate whether the programme is helpful in improving children's knowledge about abuse as well as how to get help. This is a really exciting opportunity for Bristol to lead the way in developing an effective programme to reduce our young people's involvement in unhealthy relationships and to enhance their mental health and recovery from domestic abuse.

We strongly encourage schools taking up the training to be part of the evaluation so we can understand whether we should continue to deliver the programme in the future. The design of the evaluation is still being agreed, however based on what we know about similar studies this is likely to involve children completing short questionnaires before and after they receive the training. This will take place in school time and will be supported by members of the research team. Fach school taking part in the evaluation will receive an honorarium.

At this point we are asking schools to express their interest in receiving the programme and being part of the evaluation.

Once the evaluation has received ethical approval we will be in touch to set up a meeting to set out what your school's involvement will look like. At that point you will be able to make a final decision about involvement in this exciting work.

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