

Staying safe during school holidays

Parent/Carer checklist

Be prepared!

<input type="checkbox"/>	Check the weather and ensure that you dress your children appropriately. Wear sensible footwear. If it's going to be hot - bring sun lotion, sunglasses, and a hat! Waterproofs and coats if it's cold and wet!
<input type="checkbox"/>	Everyone eats breakfast - take snacks with you too. You don't know how long it would be before you can access food.
<input type="checkbox"/>	Stay hydrated - Ensure you have bottles you can refill.
<input type="checkbox"/>	Plan your journeys. Make sure you are aware of the geographical area of where you and young people are going to be - plan how to get there safely.

Just in case.... safety plan

<input type="checkbox"/>	Write your mobile number on a bit of paper/key ring and put it in your child's pocket. If your child has a phone, make sure its fully charged and bring a backup charger.
<input type="checkbox"/>	Agree meet up points if you get separated - look for landmarks like churches, community centres or shops that are close by.
<input type="checkbox"/>	Take a photo of your child in the morning! Create a memory but this will help if your child gets lost for you to show professionals who to look out for if your child goes missing.
<input type="checkbox"/>	Identify areas where your child can get help hopefully you wont need this, but just in case – look for the places of safety and how to get there.
<input type="checkbox"/>	Bring photographic identification - if your child has been lost and found, you may need to verify who you are.

If you are not attending with your child...some extra considerations

<input type="checkbox"/>	Know who your child is with - If your child is out with friends– make sure you have their friend's parent/carer's contacts.
<input type="checkbox"/>	Set rules and expectations. Check in with your children before they leave home. Talk about worries and how you can reassure yourselves. You can use the corresponding Young Persons Check list to support this conversation.
<input type="checkbox"/>	Plan getting home - make sure you consider getting home safe. Transport can be unpredictable – have a backup plan.
<input type="checkbox"/>	Communicate throughout the day - Get them to send you selfies and regularly message – if they need help know how you can get support.

If you or someone else is at immediate risk, contact 999.

If you have intelligence or concerns that aren't emergencies, you can report this via 101.

