

# Emotionally Based School Avoidance Layered Learning CPD Package

Online half-day CPD session for schools comprising of:

**Part A: Consolidating Understanding** - A recorded video that explores what EBSA can look like for individuals and why it occurs. An overview of the current national picture in relation to EBSA is provided, together with a summary of research and theory. Positive ways forward such as a trauma-informed whole school approach are shared.

**Part B: Reflective Thinking** - A live, reflective session providing an opportunity to share experiences, think about the work that you do and how you respond to the children and young people that you support with a focus on wellbeing.

**Part C: Resources and Signposting** - A live, resource-led session to share and reflect upon practical resources and strategies, including BEC's 'My Journey' resource, as well as engage in discussions around self-care for staff.

Suggested audience: Pastoral/Safeguarding teams; SLT; Heads of Year; SENDCos.

## Training dates:

- Tuesday 13th May 2025 1:00 - 4:00pm
- Thursday 15th May 2025 9:30am -12:30pm
- Friday 13th June 2025 9:30am -12:30pm

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